

Lesson 01: Career Interests: What Do You Want to Be When You Grow Up?

Lesson Objectives:

- Students will explore previous interests, inspirations and motivations and compare with the present.
- Students will research and identify possible career choices.



What do you want to do when you get out into the world to make your own path?



For many young adults, one of the hardest questions to answer is, "What do you want to be when you grow up?" People may seem to ask you this question

all the time. They are asking you to decide what you want to do with your life... The question you might have is, "How the heck should I know?"

While some people seem to know from early on exactly what career they want to pursue, you should keep in mind that many successful adults went through a crazy and totally unplanned path to get to their current position in life. So, in choosing your own career path, what should you do?

One approach would be to simply relax, find something you like doing now, receive the necessary training, and get a job. Then, be on the lookout for new opportunities and take them when they arise. That would be a completely valid approach. Another approach would be to do some research on different career possibilities so that you can see what's out there. There are thousands of jobs that you have never even heard of before, and one of them might be perfect for you.

These lessons are designed to help you figure out what you might want to be when you "grow up". Remember that you can always change your mind and do something else. I know many an adult who changed to different careers in their 40's, 50's 60's and beyond...

Assignment:

Answer the following questions in a couple sentences:

Part 1:

Imagine you are a little kid again.

What did you like to do?

What inspired you?

What motivated you?

Part 2:

Was there something you wanted to be when you were younger and why?

What was so interesting that you dropped everything else to do, or play with?

Part 3:

What do you think you might want to do now?

Part 4:

What are your hobbies today? Stamp collecting? Snowboarding? Hiking? Fishing? Dancing? Drama?

Part 5:

What interests you today?
What do you really enjoying doing?

Part 6:

If you could be anything you wanted to be - with no restrictions - what would you be? (If you didn't have to get schooling or training and had the money to do so?) Why?

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